



Irwindale Senior Center Weekly Classes and Activities

Monday

Time	Class/Club	Instructor
9:00am - 10:00am	Tai Chi Class #1	John Rafter
10:00am - 11:00am	Tai Chi Class #2	John Rafter
1:00pm - 4:00pm	Production of Boutique Crafts	Donna Beightol
1:30pm - 3:30pm	Hooks & Loops Social	Melissa Marez

Tuesday

8:00am - 9:00am	Walking Club	Joanna Palacios
9:00am - 10:00am	Line Dance	Pam Wagoner
9:00am - 1:00pm	Quilting Class	Gloria Evans
10:00am - 11:00am	Zumba Gold	Gina Chirino
11:00am - 12:00noon	Nintendo Wii	Joanna Palacios
12:00pm - 1:00pm	Yoga (Recreation class)	Noelle Hoye
1:00pm - 2:30pm	Chair Volleyball	Melissa Marez

Wednesday

9:00am - 10:00am	Tai Chi Class #1	John Rafter
9:00am - 10:00am	Equally Awesome Dance Class	Jeanette DePatie
10:00am - 11:00am	Tai Chi Class #2	John Rafter
1:00pm - 4:00pm	Intermediate Ballet Folklorico	Linda Chico
1:00pm - 3:00pm	Knit & Crochet Social	Rebecca Bardales
1:00pm - 2:00pm	Book Club	Rebecca Bardales

Thursday

8:00am - 9:00am	Walking Club	Joanna Palacios
9:00am - 10:00am	Chair Toning & Fitness	Pam Wagoner
10:00am - 3:00pm	Ceramics Class	Elisa Torres
12:00pm - 1:00pm	Yoga (Recreation class)	Noelle Hoye
1:00am - 2:00pm	Coloring Club	Melissa Marez

Friday

9:00am - 10:00am	Equally Awesome Dance Class	Jeanette DePatie
11:00am-12:00pm	Chair Yoga	Martin Moreno

Monthly Activities

- Bunco is held every third Thursday unless otherwise noted. Starting at 1:00pm.



Bi-Monthly Activities

- Bingo is held every fourth Thursday unless otherwise noted. Starting at 1:00pm.
- Grocery Bag Bunco is held every fifth Friday unless otherwise noted. Starting at 1:00pm.

Daily Activities

- Billiards Room
2 pool tables available
- Computer Room
12 computers available

For more information, please contact the Senior Center at 626-430-2283 or visit us on the web at www.irwindaleca.gov