



SENIOR CENTER



SENIOR CITIZEN COMMISSION

Maggie Guzman

Chair

Iris Rodriguez

Vice Chair

Commissioners

Virginia Diaz, Arline Miranda,

Natalie Orosco

SENIOR CENTER STAFF

Eloise Beltran

Senior Center Coordinator

- Rebecca Bardales
- Joanna Palacios
- Melissa Marez
- Deirdrea Garcia
- Christina Fraijo

FRONT OFFICE PHONE

(626) 430-2283

FAX

(626) 430-2275

HOURS OF OPERATION

Monday—Friday

8:00 a.m.—4:00 p.m.

SITE ADDRESS

16116 Arrow Highway
Irwindale, CA 91706

MAILING ADDRESS

5050 N. Irwindale Ave
Irwindale, CA 91706

WEBSITE: www.irwindaleca.gov

MAY 2017

MON	TUE	WED	THU	FRI
1. Men's Haircuts 8:30am—1pm	2. NEW Quilting Class Tuesdays 9am-1pm	3. Free Legal Services Call for Appointment	4.	5. Cinco De Mayo Activity Lotteria Games Sponsored by Regal Medical Group.
8. Residents may register for Jersey Boys Trip Today	9. NEW Balance and Mobility Class Tuesdays 11am	10. Diabetes Management Series Today at 11am Library Outreach 10am Crafts With Dee 1pm	11. Ceramics Class Thursdays 10am-3pm	12. Mother's Day Activity 12noon Chair Yoga Fridays 11am
15. Men's Haircuts 8:30am—1pm Hooks & Loops Social Mondays 1pm	16. Chair Volleyball Tuesdays 1pm Mexican Train Dominos Tuesdays 1pm	17. Knit & Crochet Social Wednesdays 1pm	18. Bunco at 1pm Hoarding Presented by: Los Angeles County Dept. of Health 11am	19. Metro On The Go Workmen Temple 8am 20. Solvang Field Trip 8am-6pm
22. Senior Commission Meeting 9am.	23. Zumba class Tuesdays 10am	24. Tai Chi Class Mondays & Wednesdays 9am & 10am Library Outreach 10am	25. Bingo Today 1pm Senior Softball Challenge 6:30pm	26. Birthday Breakfast 10am
29. Memorial Day Senior Center Closed	30. Line Dance Class Tuesdays 9am	31. Wii Practice Wednesdays 11am		

Irwindale Senior Center Happenings

Classes / Clubs

Come in to the Senior Center for an informational flyer or call for more detailed information.

Tai Chi Class 1	Mon / Wed — \$7.50 / \$10
Tai Chi Class 2	Mon / Wed — \$7.50 / \$10
Production of Boutique Crafts	Mon — Free
Hooks & Loops Social	Mon — Free
Quilting Class (New Class)	Tue—Free
Walking Club	Tue / Thurs — Free
Chair Volleyball	Tue — Free
Line Dance	Tue — \$5 / \$7.50
Zumba Gold	Tue — \$5 / \$7.50
Balance and Mobility (New Class)	Tue— Free
Nintendo Wii	Tue — Free
Fun & Fitness	Wed / Fri — \$7.50—\$10
Ballet Folklorico	Wed — Free
Knit & Crochet Social	Wed — Free
Book Club	Wed — Free
Chair Toning & Fitness	Thurs — \$10
Coloring Club	Thurs — Free
Yoga	Fri — Free

SMILE - YOU ARE ON CAMERA

The Irwindale Senior Center may use photos, film, and videotape or otherwise reproduce the image and/or voice of any person who participates in any Senior Center program, class, workshop, meeting or special event and use the same for any purpose without any payment. Your participation in any Senior Center event constitutes your permission to use your likeness.



General Information

Registration

Registration takes place at the Irwindale Senior Center Monday—Friday from 8am – 3:30pm, unless otherwise noted.

Lunch Registration

Please Make Reservations at least 24 hours in advance. Simply call or stop by the Senior Center to make reservation. For more information on the guidelines see the monthly menu.

Refunds

If the Department cancels an activity or a trip, an automatic refund will be given. Anyone wishing to receive a refund must fill out a refund request form located at the Senior Center.

Informational Flyers

Flyers on all Daily Activities, Special Events, Trips, Classes, Clubs and New Programs are available at the Senior Center.

All sales must be completed
1/2 hour before closing.

Crafts With Dee

Every 2nd Wednesday of the month
at 1pm
May 10, 2017
Please register at the front desk at the Senior Center. Five people must be registered for the class to begin.

Special Events / Activities

Cinco De Mayo Activity—Lotteria

Friday, May 5, 2017 from 1pm– 2:30pm

Mother's Day Activity

Friday, May 12, 2017 from 12noon-3:00pm

Field Trips / Upcoming Trips

Metro on the Go (using Public transportation)

Workmen Temple Homestead — Friday, May 19, 2017

Solang

Saturday, May 20, 2017 8am - 6pm

Metro on the Go (using Public transportation)

LA County Arboretum and Botanic Garden—Friday, June 9, 2017

Jersey Boys

Saturday, June 10, 2017 10:30am - 6pm

Residents register May 8, 2017

Guest Speakers

Hoarding

By Los Angeles County Department of Mental Health
Thursday, May 18th at 11am

Softball Challenge May 25, 2017 6:30pm – 8:00pm

Active Seniors needed to represent Irwindale Senior Center in a friendly softball game.
Please sign up at the Senior Center