



SENIOR CENTER



SENIOR CITIZEN COMMISSION

Maggie Guzman

Chair

Iris Rodriguez

Vice Chair

Commissioners

Virginia Diaz, Arline Miranda,

Natalie Orosco

SENIOR CENTER STAFF

Eloise Beltran

Senior Center Manager

- Rebecca Bardales
- Joanna Palacios
- Deirdrea Garcia
- Christina Fraijo

FRONT OFFICE PHONE

(626) 430-2283

FAX

(626) 430-2275

HOURS OF OPERATION

Monday—Friday
8:00 a.m.—4:00 p.m.

SITE ADDRESS

16116 Arrow Highway
Irwindale, CA 91706

MAILING ADDRESS

5050 N. Irwindale Ave
Irwindale, CA 91706

WEBSITE: www.irwindaleca.gov

December 2017

MON

TUE

WED

THU




FRI



**December
Birthday Breakfast
Thursday, December 14, 2017**

**Free Legal Services
Call for Appointment
First Wednesday
of the Month**

1. Women's Hairstyling
Fridays
9am-11:30am
Chair Yoga
11:00am & 1pm
Afternoon Movie
The Zookeeper's Wife 1pm

| | | | | |
|---|---|---|--|---|
| <p>4. Tai Chi Class Mondays & Wednesdays 9am & 10am</p> <p>Lunch with the Chief 11:30am-12:30pm</p> | <p>5. Chair Volleyball Tuesdays 1pm-2:30pm</p> <p>Wii Practice Tuesdays 11am</p> | <p>6. Gingerbread House and Potluck 12pm-3pm</p>  <p>Belly Dancing Wednesdays 10am-11am</p> | <p>7. Chair Toning Thursdays 9am-10am</p> <p>Hawaiian Dancing Thursdays 10am-11am</p> <p>Senior Center Closing at 11:30am today</p> <p>Employee Holiday Luncheon</p> | <p>8. Metro Trip Santa Anita Mall 10am-4pm</p> <hr/> <p>9. Senior Trip Victoria Gardens 3pm-10pm</p> |
| <p>11. Men's Haircuts 8:30am—1pm</p> <p>Gift Wrapping Fundraiser 9am-11am 1pm— 3pm</p> | <p>12. Balance and Mobility Tuesdays 11am-12am</p> <p>Gift Wrapping Fundraiser 9am-11am</p> | <p>13. Library Outreach 10am</p> <p>Christmas Sing-a-long, Potluck and Crafts with Dee 12pm-3pm</p>  | <p>14. Ugly Sweater Contest Birthday Breakfast 10am</p> <p>Ugly Sweater Bunco 1pm</p> <p>Healthy Aging/Exercise Thursdays 1pm</p> | <p>15. Christmas Dinner Dance</p>  |
| <p>18. Hooks & Loops Social 1PM</p> <p>Gift Wrapping Fundraiser 9am-11am 1pm— 3pm</p> | <p>19. Line Dance Class 9am</p> <p>Gift Wrapping Fundraiser 9am-11am 1pm— 3pm</p> | <p>20. Knit & Crochet Social Wednesdays 1pm</p> | <p>21. Walking Club Tuesdays & Thursdays 8am</p> | <p>22. Women's Hairstyling Fridays 9am-11:30am</p> |
| <p>25. Senior Center Closed</p> | <p>26. Senior Center Closed</p> | <p>27. Senior Center Closed</p> | <p>28. Senior Center Closed</p> | <p>29. Senior Center Closed</p> |

Irwindale Senior Center Happenings

Classes / Clubs

Come in to the Senior Center for an informational flyer or call for more detailed information.

| | |
|----------------------------------|---------------------------|
| Tai Chi Class 1 | Mon / Wed — Free |
| Tai Chi Class 2 | Mon / Wed — Free |
| Production of Boutique Crafts | Mon — Free |
| Hooks & Loops Social | Mon — Free |
| Quilting Class (New Class) | Tue—Free |
| Walking Club | Tue / Thurs — Free |
| Chair Volleyball | Tue — Free |
| Healthy Aging and Exercise | Tue — Free |
| Line Dance | Tue — \$5 / \$7.50 |
| Zumba Gold | Tue — \$5 / \$7.50 |
| Balance and Mobility (New Class) | Tue— Free |
| Nintendo Wii | Tue — Free |
| Fun & Gentle Dance | Wed / Fri — \$7.50 / \$10 |
| Ballet Folklorico | Wed — Free |
| Belly Dancing | Wed — Free |
| Knit & Crochet Social | Wed — Free |
| Book Club | Wed — Free |
| Chair Toning & Fitness | Thurs — \$10 |
| Hawaiian Dancing | Thurs — Free |
| Chair Yoga 1 & 2 | Friday—Free |
| Chair Zumba | Thurs— \$5 / \$7.50 |

SMILE - YOU ARE ON CAMERA

The Irwindale Senior Center may use photos, film, and videotape or otherwise reproduce the image and/or voice of any person who participates in any Senior Center program, class, workshop, meeting or special event and use the same for any purpose without any payment. Your participation in any Senior Center event constitutes your permission to use your likeness.



General Information

Registration

Registration takes place at the Irwindale Senior Center Monday—Friday from 8am – 3:30pm, unless otherwise noted.

Lunch Registration

Please Make Reservations at least 24 hours in advance. Simply call or stop by the Senior Center to make reservation. For more information on the guidelines see the monthly menu.

Refunds

If the Department cancels an activity or a trip, an automatic refund will be given. Anyone wishing to receive a refund must fill out a refund request form located at the Senior Center.

Informational Flyers

Flyers on all Daily Activities, Special Events, Trips, Classes, Clubs and New Programs are available at the Senior Center. And on the city's web site www.irwindaleca.gov

**All sales must be completed
1/2 hour before closing.**

**Senior Center
will be closed from
Monday, December 25, 2017-
Friday, January 5, 2018**

Special Events / Activities

Gingerbread House Making and Potluck

Wednesday, December 6, 2017 from 9am-2pm

Movie—The Zookeepers Wife

Thursday, December 7, 2017 from 1pm-3pm

Christmas Dinner Dance

Friday, December 15, 2017 from 5pm-10pm

Field Trips / Upcoming Trips

Metro on the Go (using Public transportation)

Santa Anita Mall — Friday, December 8, 2017 10am-4pm

Victoria Gardens

Saturday, December 9, 2017 3pm-10pm

Metro on the Go (using Public transportation)

Norton Simon Museum — Friday, January 12, 2018 10am-4pm

Agua Caliente Casino

Saturday, January 27, 2018 8am-6pm

Residents register December 18, 2017

Gift Wrapping Fundraiser

Do you have gifts that needs wrapping but have no time? Bring them to the Senior Center and we will wrap them for you. See flyer for more info or call the front office (626) 430-2283

Happy New Year!

