



April 2018



SENIOR CITIZEN COMMISSION

Virginia Diaz
Chair

Maggie Guzman
Vice Chair

Commissioners

**Arline Miranda, Natalie Orosco,
Iris Rodriguez**

SENIOR CENTER STAFF

Eloise Beltran
Senior Center Manager

- Rebecca Bardales
- Joanna Palacios
- Jade Lopez
- Deirdrea Garcia
- Christina Fraijo

FRONT OFFICE PHONE

(626) 430-2283

FAX

(626) 430-2275

HOURS OF OPERATION

Monday—Friday
8:00 a.m.—4:00 p.m.

SITE ADDRESS



16116 Arrow Highway
Irwindale, CA 91706

MAILING ADDRESS

5050 N. Irwindale Ave
Irwindale, CA 91706

WEBSITE:

www.irwindaleca.gov

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2. Men's Haircuts 8:30am - 1pm Ramona Pageant Resident sign up starting today	3. Zumba Tuesdays 10am Line Dance Class Tuesdays 9am	4. Fun & Gentle Dance Wednesdays & Fridays 9am	5. Healthy Aging and Exercise Thursdays 1pm	6. Rhythm Dance 1pm
9. Tai Chi 1 & 2 Mondays & Wednesdays 9am & 10am Canasta Mondays 1pm	10. Quilting Tuesdays 9am Wii Practice Tuesdays 11am	11. Crafts with Dee 1pm Library Outreach 10am	12. Walking Club Tuesdays & Thursdays 8am Ceramics Class Thursdays 10am-3pm	13. Metro on the Go Trip Griffith Observatory 8am-4:00pm 14. Pechanga Casino 8am-6pm
16. Men's Haircuts 8:30am - 1pm Hooks & Loops Social Mondays 1pm	17. Balance and Mobility Tuesdays 11am Chair Volleyball Tuesdays 1pm	18. Diabetes Workshop 11am By Regal Medical Knit & Crochet Social Wednesdays 1pm	19. Bunco Today! 1pm Chair Zumba Thursdays 10am Hawaiian Dance 10am	20. Spring Time Dance Potluck 12noon—3pm 
23. Ballet Folklorico Mondays 1pm Senior Citizen Commission Meeting 9am	24. Blood Pressure Screening By Regal Medical 10am Mexican Train Tuesdays 1pm	25. Library Outreach 10am Diabetes Workshop 11am by Regal Medical	26. Chair Toning Thursdays 9am	27. Grocery Bag Bunco 1pm Birthday Breakfast 10am 
30. Men's Haircuts 8:30am - 1pm	Line Dance Class Tuesdays 9am			

Irwindale Senior Center Happenings

Classes / Clubs

Tai Chi Class 1	Mon / Wed—\$7.50 / \$10
Tai Chi Class 2	Mon / Wed —\$7.50 / \$10
Production of Boutique Crafts	Mon—Free
Hooks & Loops Social	Mon—Free
Ballet Folklorico	Mon—Free
Walking Club	Tue / Thurs—Free
Quilting Class	Tue—Free
Chair Volleyball	Tue—Free
Line Dance	Tue—\$5 / \$7.50
Zumba Gold	Tue—\$5 / \$7.50
Nintendo Wii	Tue—Free
Fun & Fitness	Wed / Fri—\$7.50 / \$10
Computer Class	Wed—\$7.50 / \$10
Basic Belly Dance	Wed—Free
Knit & Crochet Social	Wed—Free
Book Club	Wed—Free
Chair Zumba	Thurs—\$5.00 / \$7.50
Hawaiian Dance Class	Thurs—Free
Chair Toning & Fitness	Thurs—\$10
Coloring Club	Everyday—Free
Yoga	Fri—Free



General Information

Registration

Registration takes place at the Irwindale Senior Center Monday—Friday from 8am – 3:30pm, unless otherwise noted.

Lunch Registration

Please Make Reservations at least 24 hours in advance. Simply call or stop by the Senior Center to make reservation. For more information on the guidelines see the monthly menu.

Refunds

If the Department cancels an activity or a trip, an automatic refund will be given. Anyone wishing to receive a refund must fill out a refund request form located at the Senior Center.

Informational Flyers

Flyers on all Daily Activities, Special Events, Trips, Classes, Clubs and New Programs are available at the Senior Center or at www.irwindaleca.gov

**All sales must be completed
1/2 hour before closing.**

Special Events / Activities

Crafts With Dee

Wednesday, April 11, 2018 from 1pm-3pm

Bunco

Thursday, April 19, 2018 from 1pm-3:30pm

Spring Time Dance & Potluck

Friday, April 20, 2018 from 12noon-3pm

Grocery Bag Bunco

Wednesday, April 27, 2018 from 1pm-2:30pm

Field Trips / Upcoming Trips

Metro on the Go (using public transportation)

Griffith Observatory, Friday, April 13, 2018, 8am

Pechanga Casino—Senior Field Trip

Saturday, April 14 2018 from 8am– 6pm

Ramona Pageant—Senior Field Trip

Saturday, May 5, 2018 11:30am to 8pm

Health Screening / Guest Speakers

Diabetes Workshop 6 week session

Presented by Regal Medical Healthcare

Starting Wednesday, April 18, 2018 from 11am—12noon

Must register at front desk

Upcoming Events

Mother's Day Brunch & Crafts

Friday, May 11, 2018

11am—3pm

BUNCO FUNDRAISER

Thursday, May 17, 2018

12noon—3pm

SMILE - YOU ARE ON CAMERA

The Irwindale Senior Center may use photos, film, and videotape or otherwise reproduce the image and/or voice of any person who participates in any Senior Center program, class, workshop, meeting or special event and use the same for any purpose without any payment. Your participation in any Senior Center event constitutes your permission to use your likeness.