



AUGUST 2019



Senior Citizen Commission

Chair
Maggie Guzman

Vice Chair
Natalie Orosco

Commissioners
Virginia Diaz
Arline Miranda
Iris Rodriguez

Senior Center Manager
Eloise Beltran

Senior Center Staff
Rebecca Bardales
Joanna Palacios
Jade Villalobos
Dolores Barbosa
Deirdrea Garcia
Denise Avila

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Hours of Operation
Monday - Friday
8:00 am - 4:00 pm

Site Address
16116 Arrow Highway
Irwindale, CA 91706

Mailing Address
5050 N. Irwindale Ave.
Irwindale, CA 91706

Website
www.irwindaleca.gov

Monday	Tuesday	Wednesday	Thursday	Friday
Tai Chi 1 Tai Chi 2 Boutique Crafts Canasta Ballet Folklorico Hooks & Loops	Walking Club Line Dancing Zumba Gold Sewing Balance & Mobility Nintendo Wii Chair Volleyball	Tai Chi 1 Fun & Gentle Tai Chi 2 Belly Dance Intermediate Knit & Crochet Computer Class	Walking Club Chair Toning Chair Zumba Hawaiian Dance Mexican Train Exercise Class	Fun & Gentle Chair Yoga Rhythm Dance Chair Volleyball Women's Hairstyling
			1.	2. BINGO FUNDRAISER 5pm—9pm
5. Men's Haircut 9am—12noon	6.	7. Free Legal Services Call for Appointment	8.	9. Intergenerational Fleece Blanket & Potluck 12noon Metro on the Go Shoreline Village 8am-6pm
				10. Viejas Casino 8am—5pm
12.	13.	14. Metro Workshop 11am Crafts with Dee 1pm	15. Bunco 1pm	16. Disco Dance & Potluck 12noon
19. Men's Haircut 9am— 12noon	20.	21. AltaMed Pace Workshop 11am Movie Matinee Poms 1pm	22.	23. Gift Card Bunco 1pm
				24. Huntington Beach Bbq 9:30am—5:30pm
26. Senior Commission Meeting 9am	27.	28.	29.	30. Birthday Breakfast 10am



Irwindale Senior Happenings

General Information

Registration

Registration takes place at the Irwindale Senior Center Monday-Friday from 8:00am-3:30pm, unless otherwise noted.

Lunch Registration

Please call or stop by the Senior Center to make reservations at least 24 hours in advance.

For more information on the guidelines see the monthly lunch menu.

Refunds

If the Department cancels an activity or a trip, an automatic refund will be issued. If participant cancels and wishes to receive a refund he/she must fill out and submit a refund request (found at the Senior Center) before the trip/event's deadline date.

Informational Flyers

Flyers on all Daily Activities, Special Events, Classes, Clubs, and Trips are available at the Senior Center or at www.irwindaleca.gov

All registrations must be completed 1/2 hour before closing.

Special Events/Activities

INTERGENERATIONAL FLEECE BLANKETS & POTLUCK

Friday, August 9 at 12noon

BUNCO

Thursday, August 15 at 1pm

DISCO DANCE & POTLUCK

Friday, August 16 at 12noon

GIFT CARD BUNCO

Friday, August 23 at 1pm

Field Trips

SHORELINE VILLAGE— METRO

Friday, August 9 from 8am-6pm

VIEJAS CASINO

Saturday, August 10 from 8am-5pm

HUNTINGTON BEACH

Saturday, August 24 from 9:30am— 5:30pm

Birthday Breakfast

Please pre-register for the Birthday Breakfast before deadline date
August 28, 2019

BINGO NIGHT FUNDRAISER

Please come and stay cool with us at the Senior Center. Everyone over the age of 18 is welcome to come and play!

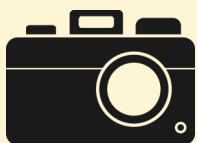
Friday, August 2, 2019

Doors open at 5pm

Bingo at 6pm—9pm

Snack Bar at 5—8pm

SMILE- YOU ARE ON CAMERA



The Irwindale Senior Center may use photos, film, and videotape or otherwise reproduce the image and/or voice of any person who participates in any Senior Center program, class, workshop, meeting or special event and use the same for any purpose without any payment. Your participation in any Senior Center event constitutes your permission to use your likeness.