



# September 2019



**Senior Citizen Commission**

**Chair**  
Maggie Guzman

**Vice Chair**  
Natalie Orosco

**Commissioners**  
Virginia Diaz  
Arline Miranda  
Iris Rodriguez

**Senior Center Manager**  
Eloise Beltran

**Senior Center Staff**  
Rebecca Bardales  
Joanna Palacios  
Jade Villalobos  
Dolores Barbosa  
Deirdrea Garcia  
Denise Avila

**Front Office Phone**  
(626) 430-2283

**Fax**  
(626) 430-2275

**Hours of Operation**  
Monday - Friday  
8:00 am - 4:00 pm

**Site Address**  
16116 Arrow Highway  
Irwindale, CA 91706

**Mailing Address**  
5050 N. Irwindale Ave.  
Irwindale, CA 91706

**Website**  
www.irwindaleca.gov

Monday	Tuesday	Wednesday	Thursday	Friday
Tai Chi 1 Tai Chi 2 Boutique Crafts Canasta Ballet Folklorico Hooks & Loops	Walking Club Line Dancing Zumba Gold Sewing Balance & Mobility Nintendo Wii Chair Volleyball	Tai Chi 1 Fun & Gentle Tai Chi 2 Belly Dance Intermediate Knit & Crochet Computer Class	Walking Club- Chair Toning Chair Zumba Hawaiian Dance Mexican Train Exercise Class	Fun & Gentle Chair Yoga Rhythm Dance Chair Volleyball Women's Hairstyling
2. <b>Senior Center Closed Labor Day</b>	3. <b>Men's Haircut 9am—12noon</b>	4. <b>Free Legal Services Call for Appointment</b>	5.	6. <b>Vintage Cupcakes 1pm</b>
9. <b>Residents Registration for San Manuel Casino today</b>	10. <b>Metro on the Go Natural History Museum 8:45—4pm</b>	11. <b>Crafts with Dee 1pm</b>	12.	13. <b>Mexican Independence Day Dance 12noon-3pm</b>
16. <b>Men's Haircut 9am—12noon</b>	17.	18. <b>Memory Workshop by Inter Valley Health Plan 10am</b> <b>Movie Matinee The Upside 1pm</b>	19. <b>Grandparents Appreciation Day 10am-12noon</b> <b>Bunco 1pm</b>	20. <b>Care 1st Seminar &amp; Bingo 1pm -3pm</b>
23. <b>Non Residents Stand by Register for San Manuel Casino Today</b>	24.	25. <b>Birthday Breakfast Registration Deadline is Today</b>	26. <b>Bingo 1pm</b>	27. <b>Birthday Breakfast 10am</b> 
30. <b>Men's Haircut 9am- 12noon</b> <b>Non Residents Register for San Manuel Casino today</b>				

# Irwindale Senior Happenings

## General Information

### Registration

Registration takes place at the Irwindale Senior Center Monday-Friday from 8:00am-3:30pm, unless otherwise noted.

### Lunch Registration

Please call or stop by the Senior Center to make reservations at least 24 hours in advance.

For more information on the guidelines see the monthly lunch menu.

### Refunds

If the Department cancels an activity or a trip, an automatic refund will be issued. If participant cancels and wishes to receive a refund he/she must fill out and submit a refund request (found at the Senior Center) before the trip/event's deadline date.

### Informational Flyers

Flyers on all Daily Activities, Special Events, Classes, Clubs, and Trips are available at the Senior Center or at [www.irwindaleca.gov](http://www.irwindaleca.gov)

**All registrations must be completed 1/2 hour before closing.**

## Special Events/Activities

### VINTAGE CUPCAKES

Friday, September 6 at 1pm

### MEXICAN INDEPENDENCE DAY DANCE

Friday, September 13 at 12noon

### GRANDPARENTS APPRECIATION

Thursday, September 19

From 10am—12noon

## Field Trips

### NATURAL HISTORY MUSEUM— METRO

Tuesday, September 10 from 8:45am-4pm

### CATALINA ISLAND

Saturday, September 21

from 6:30am-6:30pm

## Birthday Breakfast

Please pre-register for the Birthday Breakfast before deadline date  
September 25, 2019

### CASINO PAUMA

### TOURNAROUND TRIP

Saturday, October 26, 2019

9AM-7PM

### Registrations Happen Now!

Come and try your luck.

You might win a buck!

Sign ups will be taken on a first come first serve basis until all 39 passenger spots are full. Fee includes transportation, drivers tip, coffee, donuts and 5 hours of fun at the Casino! Must have a Valid California ID.

**\$25 Per Person**

## SMILE- YOU ARE ON CAMERA

The Irwindale Senior Center may use photos, film, and videotape or otherwise reproduce the image and/or voice of any person who participates in any Senior Center program, class, workshop, meeting or special event and use the same for any purpose without any payment. Your participation in any Senior Center event constitutes your permission to use your likeness.

